



..... 1 Choose a Base .....

**sandwich** (GF) (DF) (VT)

Hubbub secret sauce, romaine lettuce, cilantro, pickled jalapeños & crunchy caramelized onions atop a toasty baguette.

**salad** (GF) (DF) (VT)

Romaine lettuce and crisp cabbage tossed in citrus vinaigrette. Topped with red peppers, black beans, corn, celery, cilantro & pickled jalapeños.

**bowl** (GF) (VT)

Long-grain brown rice with coconut cumin black beans, salsa fresca and crisp cabbage. Topped with creamy tomatillo dressing, cilantro & pickled jalapeños.

..... 2 Pick a Protein .....

**Pulled Pork** (GF) (DF)

Marinated for 24 hours to be spicy and tender, then perfectly slow roasted.

**Turkey Sausage** (GF) (DF)

A lightly spiced chorizo handmade by a local butcher.

**Chicken Breast** (GF) (DF)

Steeped in citrus juices and coconut milk. Like a mouth vacation!

**Veggie** (GF) (DF) (VT)

Red peppers, eggplant and zucchini baked with a chili-lime marinade. Messy!

**Prawn** (GF) (DF)

Basted in a margarita-style marinade and sautéed to order.

**Add ons**

- Goat Cheese
- Avocado
- Extra Protein

..... 3 Add a Sidekick .....

**Quinoa Salad** (GF) (DF) (VT)

High-protein salad with black beans, corn, red peppers and garnished with almonds.

**Potato Chips** (GF) (DF) (VT)

Grown and made in BC. All natural and no trans-fats.

**Cookies** (VT)

Chocolate chip and baked fresh daily. Dangerously delicious.

**Clean Slaw** (GF) (DF) (VT)

Crisp cabbage with coconut, mint and cilantro topped with vinaigrette and pumpkin seeds.

**Soup**

Made in house. Ask us what we're serving today.

(GF) Gluten Free (DF) Dairy Free (VT) Vegetarian

..... Catering .....

Got an office meeting or an event? Let us cater it for you. Details online.